

The Gaia Center for Embodied Healing is an outpatient group psychotherapy practice located in Nashville providing individual, group, couples, family, and relational therapy, as well as therapeutic movement (including yoga and dance). At The Gaia Center, we believe that individual growth and healing is important and deserved for every person, *and* that individual healing is ultimately in service of collective healing and liberation.

We are seeking an undergraduate intern for the Spring 2024 semester, as well as the Summer 2024 semester – start dates will be discussed based on your needs. We cannot guarantee that this internship will qualify for college credit, however, we are glad to work with your school and explore whether our internship would meet criteria for your program to offer course credit. We have previously collaborated with Belmont University students who have been able to get course credit for their internship. While the internship is unpaid, we aim to provide a lot of value through the experience.

About the Position:

As the undergraduate intern, you will support The Gaia Center in administrative tasks, marketing, and community outreach. You will have the opportunity to receive training in various areas related to psychotherapy, including eating disorders, trauma, couples, sexual concerns, and somatic therapy through our training library + team-wide trainings. You will be able to watch recordings of several therapy sessions. Additionally, you may have the opportunity to observe individual psychotherapy sessions, as well as possibly group therapy sessions, depending on practice availability. You will be supported to network with other local mental health professionals, and will receive personalized career mentorship, including learning about various graduate degree paths.

Responsibilities:

- Support in daily operations tasks
- Assist in creating social media content
- Writing blog posts
- Maintain practice analytics
- Engage in therapy related trainings

Requirements:

- Current undergraduate student in psychology, counseling, or social work living in Nashville area
- 10-15 hours/week availability
 - Must have at least 2 days/week (within Tues-Fri) where can be in person in office for minimum 3 hours
- Interest in becoming a therapist in the future
- Reliable transportation
- Knowledge of Google Suite (Sheets, Docs, Drive, etc.)
- MUST be aligned with social justice, body liberation, anti-diet culture, anti-racism, LGBTQ+ allyship and be willing to do ongoing training in these areas

- Willingness to be flexible re: scheduling changes
- Commitment to HIPAA and privacy practices

Preferred qualifications:

- Knowledge of social media
- Experience using Canva
- Experience creating Instagram reels/TikToks